

Overview of Golden Youth Award Camp 2018

Date	time	Activity	venue
5th July	6:00 p.m.	Arrival of participants	Institute of wellbeing
	6:00 p.m. - 7:00 p.m.	Registration and Tea	-do-
	7:00 p.m.- 8:00 p.m.	Welcome and briefing	-do-
	8:00 p.m. - 9:00 p.m.	Dinner	-do-
6 th -7 th July	7:30 a.m. - 8:30 a.m.	Breakfast	-do-
	8:30 a.m. - 1:00 p.m.	GHN values workshop	-do-
	1:00 p.m. - 2 :00 p.m.	Lunch	-do-
	2:00 p.m. - 5:30 p.m.	GHN values workshop	-do-
	7:00 p.m. - 8:00 p.m.	Dinner	-do-
8th July	7:30 a.m. - 8:30 a.m.	Breakfast	-do-
	8:30 a.m. - 1:00 a.m.	GHN values workshop	-do-
	1:00 p.m. - 2 :00 p.m.	Lunch	-do-
	2:00 p.m. - 6:00 p.m.	GHN values workshop	-do-
	6:00 p.m. - 7:00 p.m.	Dinner	-do-
	7:00 p.m. -8:00 p.m.	Drive to Thimphu	
	8:00 p.m. - 9:00 p.m.	Check in Hostel	DYS
9th July	7:30 a.m. - 8:30 a.m.	Breakfast	YDF
	9:00 a.m. - 1:00 p.m.	Orientation	YDF Hall
	1:00 p.m. - 2 :00 p.m.	Lunch	YDF
	2:00 p.m. - 5:00 p.m.	Thimphu Tour	
	7:00 p.m. - 8:00 p.m.	Dinner	YDF
10th July	7:30 a.m. - 8:30 a.m.	Breakfast	YDF
	9:00 a.m. - 1:00 p.m.	Innovation Lab	YDF hall
	1:00 p.m. - 2 :00 p.m.	Lunch	YDF
	2:00 p.m.- 5:00 p.m.	Innovation lab	YDF Hall
	7:00 p.m. - 8:00 p.m.	Dinner	YDF
11th July	7:30 a.m. - 8:30 a.m.	Breakfast	YDF
	8:30 a.m. – 9:00 a.m.	Drive to YHSS	
	9:00 a.m. - 10:30 a.m.	Literary (creative writing)	YHSS
	10:30 am.– 11:30 a.m.	Warm up for sports event	Olympic Ground
	11:30 p.m.-12:30 p.m.	Sports event(endurance	-do-

		run)	
	12:30 p.m. - 1:00 p.m.	Drive to YDF	YDF
	1:00 p.m. - 2:00 p.m.	Lunch	-do-
	2:00 p.m. - 6:00 pm	Literary (extempore)	-do-
	7:00 p.m. - 8:00 p.m.	Dinner	-do-
12th July	7:30 a.m. - 8:30 a.m.	Breakfast	YDF
	9:00 a.m. - 1:00 a.m.	Sports events	-do-
	11:00 a.m. - 2 :00 p.m.	Lunch	-do-
	2:00 p.m. - 5:00 p.m.	Talent	YDF Hall
	7:00 p.m. - 8:00 p.m.	Dinner	YDF
	8:00 p.m. - 9:30 p.m.	Campfire night	YDF
13th July	7:30 a.m. - 8:30 a.m.	Breakfast	YDF
	9:00 a.m. - 1:00 p.m.	Social Service	Olympic ground
	1:00 p.m.- 2 :00 p.m.	Lunch	YDF
	2:00 p.m.- 5:00 p.m.	Youth Forum	YDF Hall
	7:00 p.m. - 8:00 p.m.	Dinner	YDF
14th July	5 p.m. - 8 p.m.	Closing ceremony	YDF
15th July		Departure	